

"Move More Diabetes"

Project Enrollment Form

In order to learn more about the background of those participating in Move More Diabetes, we ask you to complete the following items

Name: _____

Address: _____

Phone number(s) Home _____
 Work _____
 Cell _____

Best time and day to call _____

Contact person (someone who will know how to contact you) and phone

1. In general, how would you rate your overall health now?

___ Excellent ___ Very Good ___ Good ___ Fair ___ Poor

2. What is your date of birth? _____

3. Are you male or female? ___ Male ___ Female

4. What is the highest grade you completed in school? (circle one)

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17+
Grade School						High School				College			Post Grad			

5. Are you Spanish, Hispanic or Latino? ___ Yes ___ No

6. Which of the following best describes your race?

- ___ White or Caucasian
- ___ Black or African-American
- ___ Asian
- ___ Native Hawaiian or other Pacific Islander
- ___ American Indian or Alaska Native
- ___ Other _____ (please describe)

(over)

7. What is your height? _____
8. What is your weight? _____
9. Has a doctor ever told you that you had:
- a. Hypertension or high blood pressure ___ Yes ___ No
 - b. High cholesterol or blood lipids ___ Yes ___ No
10. How long have you known that you have diabetes? _____
11. During the past year, have you participated in a program about diabetes? ___ Yes ___ No
12. Are you currently receiving regular medical care for your diabetes? ___ Yes ___ No
13. Are you currently a patient of the Diabetes and Nutrition Center? ___ Yes ___ No
14. Have you ever attended the diabetes education classes (ADEF in Maine)? ___ Yes ___ No

As part of the Move More Diabetes Project, you may be asked to complete a survey about you and about your health. Participation in the survey is voluntary and will help MaineGeneral Health and other clinics to improve their programs.

Please return your completed form to:

*Move More Diabetes
32 College Avenue, Suite 202
Waterville, ME 04901*

THANKS for your participation!

August 29, 2004